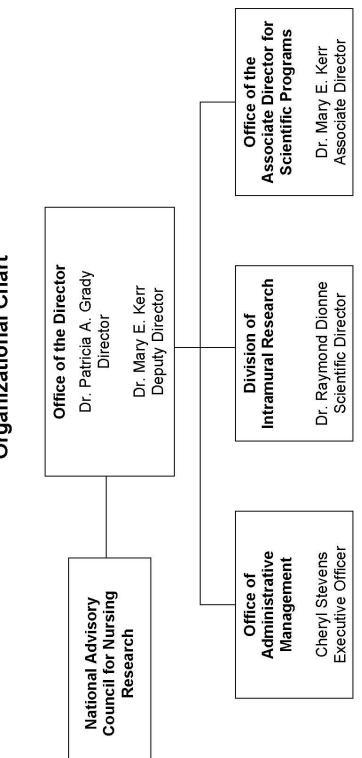
## DEPARTMENT OF HEALTH AND HUMAN SERVICES

## NATIONAL INSTITUTES OF HEALTH

# National Institute of Nursing Research

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## NATIONAL INSTITUTES OF HEALTH

National Institute of Nursing Research

For carrying out section 301 and title IV of the Public Health Services Act with respect to nursing research, \$139,920,000 **\$137,609,000** (Department of Health and Human Services Appropriation Act, 2008)

## National Institutes of Health National Institute of Nursing Research

| Source of Funding  | FY 2007<br>Actual | FY 2008<br>Enacted | FY 2009<br>Estimate |
|--|-------------------|--------------------|---------------------|
| Appropriation  | \$137,342,000     | \$139,920,000      | \$137,609,000       |
| Pay cost add-on  | 62,000            | 0                  | 0                   |
| Rescission   | 0                 | -2,444,000         | 0                   |
| Subtotal, adjusted appropriation   | 137,404,000       | 137,476,000        | 137,609,000         |
| Real transfer under Director's one-percent transfer authority (GEI)            | -216,000          | 0                  | 0                   |
| Comparative transfer to NIBIB  | -5,000            | 0                  | 0                   |
| Comparative transfer to OD   | -2,000            | 0                  | 0                   |
| Comparative transfer to NCRR   | -110,000          | 0                  | 0                   |
| Comparative transfer under Director's one-<br>percent transfer authority (GEI) | 216,000           | 0                  | 0                   |
| Subtotal, adjusted budget authority  | 137,287,000       | 137,476,000        | 137,609,000         |
| Unobligated balance, start of year   | 0                 | 0                  | 0                   |
| Unobligated balance, end of year   | -21,000           | 0                  | 0                   |
| Subtotal, adjusted budget authority  | 137,266,000       | 137,476,000        | 137,609,000         |
| Unobligated balance lapsing  | 0                 | 0                  | 0                   |
| Total obligations  | 137,266,000       | 137,476,000        | 137,609,000         |

## Amounts Available for Obligation 1/

<u>1</u>/ Excludes the following amounts for reimbursable activities carried out by this account: FY 2007 - \$726,000 FY 2008 - 800,000 FY 2009 - \$800,000

### NATIONAL INSTITUTES OF HEALTH

#### National Institute of Nursing Research

(Dollars in Thousands) Budget Mechanism - Total

|                                  | Budg        | et Mechani | ism - Tot   | al       |             |          |             |          |
|----------------------------------|-------------|------------|-------------|----------|-------------|----------|-------------|----------|
|                                  | FY          | 2007       | FY          | 2008     | FY          | 2009     |             |          |
| MECHANISM                        | Ad          | ctual      | En          | acted    | Est         | imate    | C           | hange    |
| Research Grants:                 | No.         | Amount     | No.         | Amount   | No.         | Amount   | No.         | Amount   |
| Research Projects:               |             |            |             |          |             |          |             |          |
| Noncompeting                     | 164         | \$62,598   | 192         | \$73,390 | 169         | \$67,594 | (23)        | -\$5,796 |
| Administrative supplements       | (4)         | 337        | (3)         | 558      | (3)         | 567      | (0)         | 9        |
| Competing:                       |             |            |             |          |             |          |             |          |
| Renewal                          | 11          | 5,135      | 5           | 7,564    | 23          | 5,621    | 18          | -1,943   |
| New                              | 91          | 27,480     | 65          | 14,944   | 65          | 22,538   | 0           | 7,594    |
| Supplements                      | 1           | 175        | 0           | 0        | 0           | 0        | 0           | 0        |
| Subtotal, competing              | 103         | 32,790     | 70          | 22,508   | 88          | 28,159   | 18          | 5,651    |
| Subtotal, RPGs                   | 267         | 95,725     | 262         | 96,456   | 257         | 96,320   | (5)         | -136     |
| SBIR/STTR                        | 10          | 3,295      | 10          | 3,191    | 10          | 3,200    | 0           | 9        |
| Subtotal, RPGs                   | 277         | 99,020     | 272         | 99,647   | 267         | 99,520   | (5)         | -127     |
| Research Centers:                |             |            |             |          |             |          |             |          |
| Specialized/comprehensive        | 22          | 8,248      | 24          | 8,518    | 24          | 8,518    | 0           | 0        |
| Subtotal, Centers                | 22          | 8,248      | 24          | 8,518    | 24          | 8,518    | 0           | 0        |
| Other Research:                  |             |            |             |          |             |          |             |          |
| Research careers                 | 30          | 3,092      | 22          | 2,257    | 22          | 2,257    | 0           | 0        |
| Other                            | 0           | 554        | 0           | 545      | 0           | 545      | 0           | 0        |
| Subtotal, Other Research         | 30          | 3,646      | 22          | 2,802    | 22          | 2,802    | 0           | 0        |
| Total Research Grants            | 329         | 110,914    | 318         | 110,967  | 313         | 110,840  | (5)         | -127     |
| Research Training:               | FTTPs       |            | FTTPs       |          | FTTPs       |          |             |          |
| Individual awards                | 92          | 2,864      | 92          | 2,864    | 93          | 2,883    | 1           | 19       |
| Institutional awards             | 154         | 7,224      | 154         | 7,224    | 155         | 7,271    | 1           | 47       |
| Total, Training                  | 246         | 10,088     | 246         | 10,088   | 248         | 10,154   | 2           | 66       |
| Research & development contracts | 4           | 3,570      | 0           | 3,498    | 0           | 3,498    | 0           | 0        |
| (SBIR/STTR)                      | (0)         | (9)        | (0)         | (9)      | (0)         | (9)      | (0)         | (0)      |
|                                  | <u>FTEs</u> |            | <u>FTEs</u> |          | <u>FTEs</u> |          | <u>FTEs</u> |          |
| Intramural research              | 10          | 3,348      | 10          | 3,415    | 10          | 3,466    | 0           | 51       |
| Research management and support  | 30          | 9,367      | 30          | 9,508    | 30          | 9,651    | 0           | 143      |
| Total, NINR                      | 40          | 137,287    | 40          | 137,476  | 40          | 137,609  | 0           | 133      |

Includes FTEs which are reimbursed from the NIH Roadmap for Medical Research

NATIONAL INSTITUTES OF HEALTH National Institute of Nursing Research BA by Activity (Dollars in thousands)

|   | ١           | FY 2005  | Ę    | FY 2006       | Ϋ́          | FY 2007       | F           | FY 2007       | Ţ    | FY 2008       | Ϋ́   | FY 2009  |             |        |
|---|-------------|----------|------|---------------|-------------|---------------|-------------|---------------|------|---------------|------|----------|-------------|--------|
|   | Act         | Actual   | Ā    | Actual        | Ā           | Actual        | Com         | Comparable    | Ē    | Enacted       | Esti | Estimate | Change      | e      |
| <b>Extramural Research</b>                | FTEs Amount |          | FTEs | <u>Amount</u> | <u>FTEs</u> | <u>Amount</u> | <u>FTEs</u> | <u>Amount</u> | FTEs | <u>Amount</u> | FTES | Amount   | FTEs Amount | ount   |
| <u>Detail:</u><br>Self-Management_Svmntom |             |          |      |               |             |               |             |               |      |               |      |          |             |        |
| Management and Caregiving                 |             | \$50,468 |      | \$47,137      |             | \$43,548      |             | \$43,640      |      | \$42,679      |      | \$41,984 |             | -\$695 |
| Health Promotion and Disaese              |             |          |      |               |             |               |             |               |      |               |      |          |             |        |
| Prevention                                |             | 37,384   |      | 35,640        |             | 38,155        |             | 38, 155       |      | 37,847        |      | 37,231   |             | -616   |
| Research Capacity Development             |             | 23,238   |      | 23,622        |             | 20,348        |             | 20,348        |      | 20,348        |      | 20,348   |             | 0      |
| Toohooloon Into contion                   |             | 7 76 4   |      | 100 C         |             |               |             |               |      |               |      |          |             | 000    |
| I ecrinology Integration                  |             | 1,104    |      | 2,00/         |             | 10,333        |             | 10,333        |      | 11,439        |      | 11,434   |             | nnc    |
| End-of-Life                               |             | 8,824    |      | 9,361         |             | 11,490        |             | 11,490        |      | 12,240        |      | 12,990   |             | 750    |
| Subtotal, Extramural                      |             | 127,668  |      | 125,747       |             | 124,480       |             | 124,572       |      | 124,553       |      | 124,492  |             | -61    |
|   |             |          |      |               |             |               |             |               |      |               |      |          |             |        |
| Intramural research                       | 5           | 1,816    | თ    | 2,411         | 10          | 3,348         | 10          | 3,348         | 6    | 3,415         | 10   | 3,466    | 0           | 51     |
| Res. management & support                 | 31          | 8,589    | 34   | 9,089         | 30          | 9,360         | 30          | 9,367         | 30   | 9,508         | 30   | 9,651    | 0           | 143    |
| TOTAL                                     | 36          | 138.073  | 51   | 127 277       | UV          | 127 188       | 07          | 137 287       | 10   | 137 176       | UV   | 137 609  | c           | 122    |
| IUIAL                                     | 20          | 0,001    | 2    | 101,241       | 5           | 101,100       | 2           | 101,201       | 5    | 0.1.0-        |      | 000,101  | >           | 20     |

Includes FTEs which are reimbursed from the NIH Roadmap for Medical Research

## Major Changes in the Fiscal Year 2009 Budget Request

Major changes by budget mechanism and/or budget activity detail are briefly described below. Note that there may be overlap between budget mechanism and activity detail and these highlights will not sum to the total change for the FY 2009 budget request for NINR, which is \$136,000 more than the FY 2008 Enacted, for a total of \$137.609 million.

<u>End-of-Life Research (+\$750,000; total \$12.990 million)</u>: Given the enormous potential and great need for improving the quality of life of dying patients and their caregivers, NINR plans to expand end-of-life research efforts in FY 2009 to build upon continuing accomplishments in this program area. This level of funding will allow NINR to support existing commitments, including Nursing Science Centers of Excellence in End-of-Life Research, and to fund additional awards in this critical area of research.

<u>Research Project Grants (-\$127,000, total \$99.520 million)</u>: NINR plans to support a total of 267 Research Project Grant (RPG) awards in FY 2009. Noncompeting RPGs will not receive inflationary increases and will decrease by 23 awards and \$5.796 million. The average cost for competing RPGs is also without inflation and expected to increase by 18 awards and \$5.651 million. The NIH Budget policy for RPGs in FY 2009 is to provide no inflationary increases in noncompeting awards and no increase in average cost for competing RPGs.

## NATIONAL INSTITUTES OF HEALTH National Institute of Nursing Research Summary of Changes

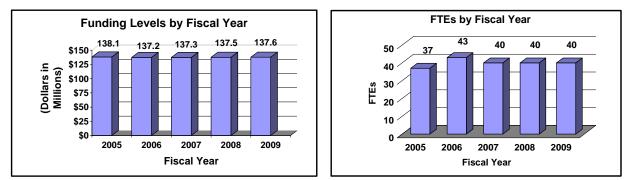
| FY 2008 enacted   |      |                   |      | 137,476,000  |
|---|------|-------------------|------|--------------|
| FY 2009 estimated budget authority  |      |                   |      | 137,609,000  |
| Net change  |      |                   |      | 133,000      |
|   | 200  | 08 Enacted        |      |              |
|   |      | Base              | Chan | ge from Base |
|   |      | Budget            |      | Budget       |
| CHANGES   | FTEs | Authority         | FTEs | Authority    |
| A. Built-in:  |      |                   |      |              |
| 1. Intramural research:   |      |                   |      |              |
| a. Annualization of January   |      | • • • • • • • • • |      |              |
| 2008 pay increase   |      | \$1,205,000       |      | 13,000       |
| b. January FY 2009 pay increase   |      | 1,205,000         |      | 26,000       |
| c. One less day of pay  |      | 1,205,000         |      | -3,000       |
| d. Payment for centrally furnished services   |      | 30,000            |      | 0            |
| <ul> <li>e. Increased cost of laboratory supplies,<br/>materials, and other expenses</li> </ul> |      | 2,180,000         |      | 14,000       |
| materials, and other expenses   |      | 2,180,000         |      | 14,000       |
| Subtotal  |      |                   |      | 50,000       |
| 2. Research management and support:   |      |                   |      |              |
| a. Annualization of January   |      |                   |      | ľ            |
| 2008 pay increase   |      | \$3,908,000       |      | 43,000       |
| b. January FY 2009 pay increase   |      | 3,908,000         |      | 66,000       |
| c. One less day of pay  |      | 3,908,000         |      | -10,000      |
| d. Payment for centrally furnished services   |      | 1,770,000         |      | 27,000       |
| e. Increased cost of laboratory supplies,   |      |                   |      |              |
| materials, and other expenses   |      | 3,803,000         |      | 44,000       |
| Subtotal  |      |                   |      | 170,000      |
| Subtotal, Built-in  |      |                   |      | 220,000      |

## Summary of Changes--continued

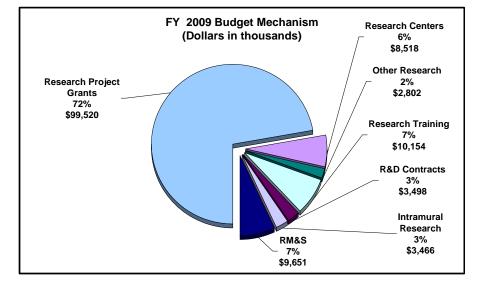
|                                       | 200         | 08 Enacted   |             |              |
|---------------------------------------|-------------|--------------|-------------|--------------|
|                                       |             | Base         | Chang       | ge from Base |
| CHANGES                               | No.         | Amount       | No.         | Amount       |
| B. Program:                           |             |              |             |              |
| 1. Research project grants:           |             |              |             |              |
| a. Noncompeting                       | 192         | \$73,948,000 | (23)        | -5,787,000   |
| b. Competing                          | 70          | 22,508,000   | 18          | 5,651,000    |
| c. SBIR/STTR                          | 10          | 3,191,000    | 0           | 9,000        |
| Total                                 | 272         | 99,647,000   | (5)         | -127,000     |
| 2. Research centers                   | 24          | 8,518,000    | 0           | 0            |
| 3. Other research                     | 22          | 2,802,000    | 0           | 0            |
| 4. Research training                  | 246         | 10,088,000   | 2           | 66,000       |
| 5. Research and development contracts | 0           | 3,498,000    | 0           | 0            |
| Subtotal, extramural                  |             |              |             | -61,000      |
|                                       | <u>FTEs</u> |              | <u>FTEs</u> |              |
| 6. Intramural research                | 10          | 3,415,000    | 0           | 1,000        |
| 7. Research management and support    | 30          | 9,508,000    | 0           | -27,000      |
| Subtotal, program                     |             | 137,476,000  |             | -87,000      |
| Total changes                         | 40          |              | 0           | 133,000      |

## Fiscal Year 2009 Budget Graphs

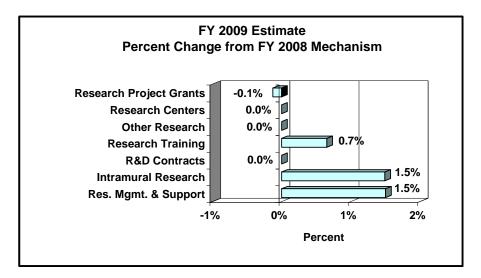
## History of Budget Authority and FTEs:



Distribution by Mechanism:



Change by Selected Mechanism:



## Justification

## **National Institute of Nursing Research**

Authorizing Legislation: Section 301 and title IV of the Public Health Service Act, as amended.

Budget Authority:

|            | FY 2007<br>Actual |            | Y 2008<br>Enacted |            | Y 2009<br>Stimate |            | crease or<br>ecrease |
|------------|-------------------|------------|-------------------|------------|-------------------|------------|----------------------|
| <u>FTE</u> | BA                | <u>FTE</u> | BA                | <u>FTE</u> | BA                | <u>FTE</u> | BA                   |
| 40         | \$137,287,000     | 40         | \$137,476,000     | 40         | \$137,609,000     |            | +\$133,000           |

This document provides justification for the Fiscal Year (FY) 2009 activities of the National Institute of Nursing Research (NINR), including HIV/AIDS activities. Details of the FY 2009 HIV/AIDS activities are in the "Office of AIDS Research (OAR)" Section of the Overview. Details on the Common Fund are located in the Overview, Volume One. Program funds are allocated as follows: Competitive Grants/Cooperative Agreements; Contracts; Direct Federal/Intramural and Other.

## DIRECTOR'S OVERVIEW

The mission of the National Institute of Nursing Research (NINR) is to support clinical and basic research that establishes a scientific basis for the care of individuals across the lifespan. NINR's research encompasses the health of individuals, their families, and their caregivers. The Institute's scientific focus transcends disciplines in supporting programs of research in self-management, symptom management, and caregiving; health promotion and disease prevention; end-of-life; technology integration; and research capacity development. NINR research unites the biological and behavioral sciences to elucidate the complex interactions between the physiological factors of health and disease, and the knowledge, beliefs, and behavior of the individual. Across all Institute scientific programs, NINR research addresses the special needs of at-risk and underserved populations with an emphasis on health disparities.

The breadth and depth of NINR's research portfolio is ideally suited to explore some of the most important areas of concern facing the Nation's health care system. These converging issues include:

- an aging population living longer with chronic diseases;
- the growth of diverse racial and cultural populations in the U.S. and the associated issue of health disparities;
- an increased reliance on technology; and
- an increased demand for nurses, both current and projected.

While these factors are undoubtedly challenges, they play to the inherent strengths of nursing science. Longstanding areas of NINR research interest, in addition to the areas of research emphasis described in the current NINR strategic plan, uniquely position the Institute for leadership in finding solutions for these critical issues.

For example, NINR research activities address the changing paradigm of health care in which aging patients are increasingly living with multiple chronic illnesses such as heart disease, diabetes, and cancer. NINR supports research to improve quality of life for these individuals by finding more effective ways to manage their adverse symptoms, by improving their ability to manage their own illness, and by developing interventions to ease the burden on their family caregivers. NINR scientists also design and test new technologies that allow clinicians to monitor chronic illnesses in individuals without ready access to health care facilities, and that allow these individuals to better care for themselves. Finally, an aging population inevitably increases the need for improved awareness of the multiple concerns surrounding end-of-life care. As the lead NIH Institute for end-of-life research, NINR supports studies that explore key end-of-life areas such as clinician/family member communication, decision-making, and issues of pediatric end-of-life and palliative care. NINR will continue to support the Nursing Science Centers of Excellence in Self-Management and End-of-Life Research in FY 2009 to establish developmental and foundational research projects organized around shared resources and research infrastructure.

Ultimately, the best way to address the problems of chronic illnesses is to prevent the development of such illnesses in the first place. Therefore, NINR-supported scientists develop research-based health promotion and disease prevention programs, with a special focus on populations that experience health disparities. For example, NINR scientists have designed culturally sensitive interventions that have successfully reduced HIV risk behaviors in minority populations, and others that have reduced risk behaviors for obesity and diabetes in rural populations. Overall, NINR research in disease prevention explores the connections among lifestyle, biology, behavior, the environment, geographic influences, socio-cultural contexts, technologies, and economic factors, and applies this in-depth knowledge to reducing society's future burdens of chronic illnesses.

NINR training strategies seek to enhance the pipeline of nursing faculty, which will have a direct impact on improving the ability of schools of nursing to educate new nurses. These strategies focus on the training of new nurse scientists, who may go on to become nursing faculty. Through NINR-supported efforts such as research training grants, the NIH Graduate Partnership Program, and hands-on research training programs on the NIH campus in association with the NINR Intramural Research Program, the Institute prepares future nurse researchers for independent research careers.

NINR's priorities and scientific objectives for the coming years are reflected in its proposed research activities for FY 2009. Specific activities will include efforts to reduce the incidence of preterm birth/low birth weight and develop interdisciplinary interventions to improve palliative care at the end of life. Broadly, NINR will continue to support innovative studies in the areas of research emphasis highlighted in its strategic

plan, including: self-management, symptom management, and caregiving; health promotion and disease prevention; research capacity development; technology integration; and end-of-life. These areas are central to the Institute's research strategy through the end of the decade. Results from these studies will inform future strategies, as NINR begins to consider its strategic plan beyond 2010. In addition, input from stakeholders, trans-NIH planning and priority setting processes such as the NIH Roadmap, Neuroscience Blueprint, and Pain Consortium, and changing public health concerns will continue to shape the future directions of NINR research.

NINR is committed to improving clinical practice through the generation of new knowledge and the development of leaders in nursing science. The Director of NIH has called for a new era of health care that is predictive, preemptive, personalized, and participatory. NINR's strategic focus on research into enhancing quality of life, improving patient self-management, and discovering better ways to prevent disease make the Institute ideally suited to become a leader in addressing the challenges presented by this new vision of health care. By strategically integrating its priority-setting and research programs with current public health needs, the Institute will ensure that these challenges are proactively addressed.

## FY 2009 JUSTIFICATION BY ACTIVITY DETAIL

**Overall Budget Policy:** Investigator-initiated research projects, supporting new investigators, research training, and career development continue to be the Institute's highest priorities. NINR carefully evaluates investigator-initiated grant applications for all research programs. Scientific reviews are conducted, and the results are presented to the National Advisory Council for Nursing Research to determine the level of recommended support for the application, if any. The level of support provided for Institute-initiated projects is also evaluated. The Institute maintains a careful balance between solicitations issued to the extramural community in areas that need stimulation and funding made available to support investigator-initiated projects. Intramural Research and Research Management and Support receive modest increases to help offset the cost of pay and other increases. NINR will continue to support new investigators and to maintain an adequate number of competing RPGs.

### **Program Descriptions and Accomplishments**

## Self-Management, Symptom Management, and Caregiving

Improving the quality of life of individuals, both in clinical practice as well as the home setting, is a fundamental tenet of the NINR mission. NINR studies quality of life as a continuum composed of three key elements: self-management, symptom management, and caregiving. The NINR Self-Management, Symptom Management, and Caregiving program seeks to address the challenges of short- and long-term disease and disability management by enhancing the individual's role in managing disease, relieving symptoms, and improving health outcomes for individuals and caregivers.

Current research projects supported by this program explore: interventions that reduce symptom burden; interventions to improve support for caregivers of patients with

Alzheimer's disease; and techniques to promote healthy behaviors that improve the ability of patients to be partners in managing their own care. Among many other recent program activities in this area, NINR is sponsoring an initiative under the auspices of the NIH Pain Consortium to explore mechanisms, measurement, and management of acute and chronic pain. Pain research sought under this initiative spans all areas of science, from research on the basic neural pathways of pain, to pain-related behavioral and social sciences research.

<u>Budget Policy</u>: The FY 2009 budget estimate for the Self-Management, Symptom Management, and Caregiving program is \$41.984 million, a decrease of \$695,000 or 1.6 percent below the FY 2008 Enacted. In order to allow for small growth in the number of Research Project Grants (RPGs) in other program areas, the Self-Management, Symptom Management, and Caregiving program is decreased slightly. The proposed level of funding will cover current commitments and allow a smaller number of competing RPGs to be awarded in FY 2009. NINR plans in FY 2009 to continue to address the many challenges and opportunities that exist in the areas of self-management, symptom management, and caregiving as an important part of a strategically balanced research portfolio.

## Health Promotion and Disease Prevention

The NINR Health Promotion and Disease Prevention program studies the key biological, behavioral, and social factors that prevent the development of disease and achieve long-term, positive health outcomes in individuals of all ages. Research supported under this activity seeks scientific discoveries of health predictors and prevention strategies across conditions, diseases, and settings. Under this wide scope of research, efforts can range from promoting behavioral changes in individuals, to evaluating health risks in diverse communities, to assessing issues of patient safety.

One example of the many activities that NINR currently sponsors under this program is an initiative to study health promotion among racial and ethnic minority men. This initiative is intended to enhance the understanding of the numerous sociodemographic, community, societal, and personal factors that influence the health promoting behaviors of racial and ethnic minority men, and to develop and test culturally appropriate health promotion interventions designed to reduce health disparities among this population.

<u>Budget Policy</u>: The FY 2009 budget estimate for the Health Promotion and Disease Prevention program is \$37.231 million, a decrease of \$616,000 or 1.6 percent below the FY 2008 Enacted. In order to allow for small growth in the number of Research Project Grants (RPGs) in other program areas, the Health Promotion and Disease Prevention program is decreased slightly. The proposed level of funding will cover current commitments and allow a smaller number of competing RPGs to be awarded in FY 2009. In addition, NINR will sponsor a new initiative in FY 2009 to develop biobehavioral interventions to reduce preterm birth/LBW and enhance treatment outcomes for preterm/LBW infants. The conclusion of grants in related research areas in FY 2009 will allow NINR to refocus efforts and sponsor this initiative. NINR plans in FY 2009 to continue to address the many challenges and opportunities that exist in the areas of health promotion and disease prevention as an important part of a strategically balanced research portfolio.

#### Portrait of a Program: Enhancing Treatment Outcomes and Quality of Life for Preterm Birth/Low Birth Weight Infants

 FY 2008 Level:
 \$4,451,000

 FY 2009 Level:
 4,451,000

 Change:
 0

According to the 2007 Institute of Medicine (IOM) report, "Preterm Birth: Causes, Consequences, and Prevention," preterm births account for over 12% of all births, a rate that has increased by 30% since 1981. Compared to infants born at term or with normal birth weight, preterm or low birth weight (LBW) infants have higher mortality, and are more likely to experience long-term motor, developmental, and learning deficits. In 2005, total costs associated with preterm births in the U.S. reached over \$26 billion.<sup>1</sup>

As part of the Institute's larger research programs in the areas of quality of life, health promotion, and disease prevention, NINR has supported research projects focused on reducing the incidence of preterm birth/LBW and promoting the growth and development of preterm/LBW infants. One recent NINR-funded study found that a program to teach parents about their preterm/LBW infants' behaviors and care needs improved parental coping and reduced stress levels. In addition, the infants averaged 3.8 fewer days in the NICU than controls, which translated to a savings of about \$5,000 per infant.<sup>2</sup> Other studies devoted to these infants have examined ways to improve their rest and sleep, decrease common complications, reduce painful or noxious stimuli, and prevent infections.

Consistent with its past efforts in this area of research and with the current Institute emphasis on integrating the biological and behavioral sciences, in FY 2009 NINR will sponsor a new initiative to develop biobehavioral interventions to reduce preterm birth/LBW and enhance treatment outcomes for preterm/LBW infants. The initiative will provide 3-5 year awards to expand the current understanding of behavioral, psychosocial, and environmental factors that affect or interact with biological mechanisms to influence pregnancy outcomes, and to develop innovative interdisciplinary interventions to prevent preterm birth/LBW and enhance quality of life for preterm/LBW infants.

### **Research Capacity Development**

The NINR Research Capacity Development program builds research capacity through centers programs and fosters interdisciplinary training for the next generation of scientists in basic, translational, and clinical research by means of individual and institutional training awards. Through these activities, NINR addresses the national shortage of nurses by contributing to the development of the nursing faculty needed to teach and mentor individuals entering the field. Among these opportunities, NINR provides support for trainees from underrepresented and disadvantaged backgrounds.

In 2007, NINR solicited proposals for program project grants for a new initiative entitled, "Nursing Science Research on Interventions in Chronic Illness." These awards, intended for investigators and institutions with proven and long-established research programs and funded through the P01 grant mechanism, will support shared resources and a collaborative research effort for several large research projects. The awards will allow a group of investigators, using multiple approaches funded as individual subprojects, to conduct innovative, high-impact, and interdisciplinary research on topics of critical importance to the Institute.

<sup>&</sup>lt;sup>1</sup> Institute of Medicine (2007). Preterm Birth: Causes, Consequences, and Prevention. Washington, DC: The National Academies Press.

<sup>&</sup>lt;sup>2</sup> Melnyk BM, Feinstein NF, Alpert-Gillis L, et al (2006). Reducing Premature Infants' Length of Stay and Improving Parents' Mental Health Outcomes with the Creating Opportunities for Parent Empowerment (COPE) Neonatal Intensive Care Unit Program: A Randomized Controlled Trial. <u>Pediatrics</u> 118: 1414-1427.

<u>Budget Policy</u>: The FY 2009 budget estimate for the Research Capacity Development program is \$20.348 million, the same as the FY 2008 Enacted. The proposed level of funding will allow NINR to cover its current commitments and allow new individual training grants to be awarded in FY 2009. Through this program, NINR will continue to enhance the pipeline of nursing faculty, which will directly impact the ability of schools of nursing to educate new nurses. NINR plans in FY 2009 to continue its commitment to developing the next generation of innovative investigators and enhance overall research capacity in strategically important areas of research as part of an overall balanced program portfolio.

## **Technology Integration**

The NINR Technology Integration program supports innovative, interdisciplinary studies to develop new and adapt existing technologies to improve clinical care and quality of life. For example, research conducted under this program seeks to improve quality of life by developing technologies that assist patients in monitoring and reporting indicators of health status, such as breathing status, blood pressure, and blood glucose levels. Other areas of inquiry include the application of technologies to improve patient safety, education, and communication.

Current activities under this program include the development of devices to facilitate clinical decision support for care providers in hospitals and clinics, as well as in remote sites such as ambulances. Other projects are focused on the development of software modules that educate patients with chronic illnesses on improving self-management practices, and which allow them easy access to online support groups. Such technologies are especially useful for patients in rural locations without ready access to health care services.

<u>Budget Policy</u>: The FY 2009 budget estimate for the Technology Integration program is \$11.939 million, an increase of \$500,000 or 4.4 percent above the FY 2008 Enacted. In FY 2009, NINR plans to continue addressing the national need for investigators who are innovative in their use and development of novel technologies that address current and future clinical care needs, and who will work to incorporate these technologies into standard practice. This level of funding will allow NINR to cover current commitments and fund additional awards in this emerging area of research as part of a strategically balanced program portfolio.

## End-of-Life

End-of-life science seeks to understand dying with respect to the needs of dying persons and formal and informal caregivers. It includes research on issues such as: alleviation of symptoms; psychological care; near-death preferences; advance directives; and family decision-making. Likewise, end-of-life research addresses the cultural, spiritual, age- and disease-specific factors that make each person's experience at the end of life unique. The NINR End-of-Life research program applies biological, behavioral, and social science strategies to advance the understanding of the dynamic interactions of these various factors, and to develop interventions that optimize patient and caregiver quality of life across care settings and cultural contexts.

NINR recently solicited applications for the Nursing Science Centers of Excellence in Self-Management or End-of-Life Research. The first awards under this program were made in late FY 2007. It is anticipated that these Centers will serve as a nexus for the emergence of end-of-life research as an interdisciplinary science, training investigators from multiple backgrounds and enhancing collaboration to increase the quality and quantity of innovative, interventional research projects in end-of-life and palliative care science.

<u>Budget Policy</u>: The FY 2009 budget estimate for the End-of-Life program is \$12.990 million, an increase of \$750,000 or 6.1 percent above the FY 2008 Enacted. Given the enormous potential and great need for improving the quality of life of dying patients and their caregivers, NINR plans to expand end-of-life research efforts in FY 2009 to build upon continuing accomplishments in this program area. This level of funding will allow NINR to support existing commitments, including Nursing Science Centers of Excellence in End-of-Life Research, and to fund additional awards in this critical area of research, as part of an overall balanced program portfolio. Also in FY 2009, NINR will support new efforts in end-of-life research that will seek to develop interdisciplinary interventions to improve palliative care at the end of life and to promote technological innovations in palliative care.

#### Portrait of a Program: End-of-Life Research

FY 2008 Level: \$12,240,000 FY 2009 Level: <u>12,990,000</u> Change: +750,000

The life expectancy of the American people has reached a historic high, but along with increased life expectancy comes an increase in the number of people living with, and dying from, chronic debilitating diseases. Prolonged courses of decline at the end of life, palliative treatment options, and life-sustaining technologies have raised many important research questions within the last decade. In addition, the needs of dying children and their families are coming into greater focus.<sup>3</sup> In 1997, the Director of NIH designated NINR as the lead NIH Institute for end-of-life research, providing an important opportunity for nursing science to lead the way in this crucial area. Consistent with this role, NINR has sponsored an initiative to advance the science of pediatric palliative care, as well as to develop and test interventions that care providers can implement across all settings, illnesses, and cultural contexts. In FY 2007, NINR made the first awards under an initiative to develop Nursing Science Centers of Excellence in Self-Management or End-of-Life Research. In FY 2009, NINR will support two new efforts in end-of-life research. These efforts will provide 3-5 year awards to develop interdisciplinary interventions to improve palliative care at the end of life and to promote technological innovations in palliative care.

### Intramural Research Program

NINR's Intramural Research Program (IRP) supports research to understand the underlying biological mechanisms of a range of symptoms, their effect on patients, and how patients respond to interventions. Recent scientific efforts have included evaluating the efficacy of novel interventions for managing symptoms associated with cancer treatment, and exploring the molecular and genetic mechanisms that influence

<sup>&</sup>lt;sup>3</sup> Institute of Medicine (2002). When children die: Improving palliative and end-of-life care for children and their families. Washington, DC: The National Academies Press.

an individual's response to analgesic treatment for acute pain. The IRP also supports research training opportunities through programs such as the NINR Career Transition Award, the NINR Summer Genetics Institute, and by participating in the NIH Graduate Partnerships Program.

In 2007, the IRP sponsored the eighth annual NINR Summer Genetics Institute (SGI). The SGI provides students with a foundation in molecular genetics for use in research and clinical practice to develop and expand research capacity among graduate students and faculty in nursing. This program is approved for graduate credit in nursing at the doctoral level. Through this program, NINR prepares nurses to address important scientific questions, such as those arising from the Human Genome Project and other emerging genetic discoveries.

<u>Budget Policy:</u> The FY 2009 budget estimate for the Intramural Research program is \$3.466 million, an increase of \$51,000 or 1.5 percent above the FY 2008 Enacted. In FY 2009, this program will continue to support innovative research to address the scientific challenges of understanding and managing adverse symptoms such as acute and chronic pain. This program will also continue to support various training and career development opportunities for innovative investigators.

## **Research Management and Support**

NINR Research Management and Support (RMS) activities provide administrative, budgetary, logistical, and scientific support in the review, award, and monitoring of research grants, training awards and research and development contracts. The functions of RMS also encompass strategic planning, coordination, and evaluation of the Institute's programs and liaison with other Federal agencies, Congress, and the public.

<u>Budget Policy</u>: The FY 2009 budget estimate for RMS is \$9.651 million, an increase of \$143,000 or 1.5 percent above the FY 2008 Enacted. In FY 2009, NINR plans to continue addressing the challenges and opportunities that exist in strategically managing a research portfolio that addresses areas of science critical to public health.

#### Budget Authority by Object

|      | Budget Authority by                               | -           |             | 1.             |
|------|---|-------------|-------------|----------------|
|      |   | FY 2008     | FY 2009     | Increase or    |
|      |   | Enacted     | Estimate    | Decrease       |
|      | ompensable workyears:                             |             |             |                |
|      | Full-time employment                              | 40          | 40          | 0              |
| ļ    | Full-time equivalent of overtime and holiday hour | 0           | 0           | 0              |
|      | Average ES colony                                 | \$0         | ¢0          | \$0            |
|      | Average ES salary<br>Average GM/GS grade          | ەن<br>12.2  | \$0<br>12.2 | \$0<br>0.0     |
|      | Average Gim/GS grade                              | 12.2        | 12.2        | 0.0            |
|      | Average GM/GS salary                              | 90,270      | 91,624      | \$1,354        |
|      | Average salary, grade established by act of       | , -         | - ,-        | <i>• • • •</i> |
|      | July 1, 1944 (42 U.S.C. 207)                      | \$66,004    | \$66,994    | \$990          |
|      | Average salary of ungraded positions              | 117,212     | 118,968     | 1,756          |
|      |   | FY 2008     | FY 2009     | Increase or    |
|      | OBJECT CLASSES                                    | Enacted     | Estimate    | Decrease       |
|      | Personnel Compensation:                           | Enaotoa     | Lotinato    | Decrease       |
|      | Full-time permanent                               | \$3,067,000 | \$3,153,000 | \$86,000       |
|      | Other than full-time permanent                    | 593,000     | 620,000     | 27,000         |
|      | Other personnel compensation                      | 96,000      | 96,000      | 0              |
|      | Military personnel                                | 124,000     | 124,000     | 0              |
|      | Special personnel services payments               | 132,000     | 132,000     | 0              |
|      | Total, Personnel Compensation                     | 4,012,000   | 4,125,000   | 113,000        |
|      | Personnel benefits                                | 1,025,000   | 1,047,000   | 22,000         |
|      | Military personnel benefits                       | 76,000      | 76,000      | 0              |
|      | Benefits for former personnel                     | 0           | 0           | 0              |
|      | Subtotal, Pay Costs                               | 5,113,000   | 5,248,000   | 135,000        |
|      | Travel and transportation of persons              | 121,000     | 121,000     | 0              |
|      | Transportation of things                          | 10,000      | 10,000      | 0              |
|      | Rental payments to GSA                            | 0           | 0           | 0              |
|      | Rental payments to others                         | 78,000      | 78,000      | 0              |
|      | Communications, utilities and                     |             |             |                |
|      | miscellaneous charges                             | 82,000      | 82,000      | 0              |
| 24.0 | Printing and reproduction                         | 25,000      | 25,000      | 0              |
| 25.1 | Consulting services                               | 136,000     | 136,000     | 0              |
| 25.2 | Other services                                    | 808,000     | 808,000     | 0              |
| 25.3 | Purchase of goods and services from               |             |             |                |
|      | government accounts                               | 8,841,000   | 8,841,000   | 0              |
|      | Operation and maintenance of facilities           | 5,000       | 5,000       | 0              |
|      | Research and development contracts                | 49,000      | 49,000      | 0              |
|      | Medical care                                      | 5,000       | 5,000       | 0              |
|      | Operation and maintenance of equipment            | 459,000     | 459,000     | 0              |
|      | Subsistence and support of persons                | 0           | 0           | 0              |
|      | Subtotal, Other Contractual Services              | 10,303,000  | 10,303,000  | 0              |
|      | Supplies and materials                            | 236,000     | 265,000     | 29,000         |
|      | Equipment   | 453,000     | 483,000     | 30,000         |
|      | Land and structures                               | 0           | 0           | 0              |
|      | Investments and loans                             | 0           | 0           | 0              |
|      | Grants, subsidies and contributions               | 121,055,000 | 120,994,000 | (61,000)       |
|      | Insurance claims and indemnities                  | 0           | 0           | 0              |
|      | Interest and dividends                            | 0           | 0           | 0              |
|      | Refunds   | 0           | 0           | 0              |
|      | Subtotal, Non-Pay Costs                           | 132,363,000 | 132,361,000 | (2,000)        |
|      | Total Budget Authority by Object                  | 137,476,000 | 137,609,000 | 133,000        |

Includes FTEs which are reimbursed from the NIH Roadmap for Medical Research

# Salaries and Expenses

|  | FY 2008     | FY 2009     | Increase or |
|--|-------------|-------------|-------------|
| OBJECT CLASSES                                 | Enacted     | Estimate    | Decrease    |
| Personnel Compensation:                        | Linacieu    | Loundle     | Decrease    |
|  | ¢2.067.000  | ¢2 152 000  | ¢96.000     |
| Full-time permanent (11.1)                     | \$3,067,000 | \$3,153,000 | \$86,000    |
| Other than full-time permanent (11.3)          | 593,000     | 620,000     | 27,000      |
| Other personnel compensation (11.5)            | 96,000      | 96,000      | 0           |
| Military personnel (11.7)                      | 124,000     | 124,000     | 0           |
| Special personnel services payments (11.8)     | 132,000     | 132,000     | 0           |
| Total Personnel Compensation (11.9)            | 4,012,000   | 4,125,000   | 113,000     |
| Civilian personnel benefits (12.1)             | 1,025,000   | 1,047,000   | 22,000      |
| Military personnel benefits (12.2)             | 76,000      | 76,000      | 0           |
| Benefits to former personnel (13.0)            | 0           | 0           | 0           |
| Subtotal, Pay Costs                            | 5,113,000   | 5,248,000   | 135,000     |
| Travel (21.0)                                  | 121,000     | 121,000     | 0           |
| Transportation of things (22.0)                | 10,000      | 10,000      | 0           |
| Rental payments to others (23.2)               | 78,000      | 78,000      | 0           |
| Communications, utilities and                  |             |             |             |
| miscellaneous charges (23.3)                   | 82,000      | 82,000      | 0           |
| Printing and reproduction (24.0)               | 25,000      | 25,000      | 0           |
| Other Contractual Services:                    |             |             |             |
| Advisory and assistance services (25.1)        | 136,000     | 136,000     | 0           |
| Other services (25.2)                          | 808,000     | 808,000     | 0           |
| Purchases from government accounts (25.3)      | 8,841,000   | 8,841,000   | 0           |
| Operation and maintenance of facilities (25.4) | 5,000       | 5,000       | 0           |
| Operation and maintenance of equipment (25.    | 459,000     | 459,000     | 0           |
| Subsistence and support of persons (25.8)      | 0           | 0           | 0           |
| Subtotal Other Contractual Services            | 10,249,000  | 10,249,000  | 0           |
| Supplies and materials (26.0)                  | 236,000     | 265,000     | 29,000      |
| Subtotal, Non-Pay Costs                        | 10,801,000  | 10,830,000  | 29,000      |
| Total, Administrative Costs                    | 15,914,000  | 16,078,000  | 164,000     |

| dget Authority 137,476,000 137,609,000 | PHS Act/<br>Other Citatio<br>Research and Investigation Section 301<br>National Institute of<br>Nursing Research Section 402 | PHS Act/<br>Other Citation<br>Section 301<br>Section 402(a) | Autho<br>U.S. Code<br>Citation<br>42§241<br>42§281 | Authorizing Legislation<br>de 2008 Amount<br>an Authorized<br>11 Indefinite<br>31 Indefinite | 1<br>FY 2008<br>Enacted<br>\$137,476,000 | 2009 Amount<br>Authorized<br>Indefinite | FY 2009<br>Budget Estimate<br>\$137,609,000 |
|--|--|---|--|--|--|---|---|
|  | Total, Budget Authority  |   |  |  | 137,476,000                              |   | 137,609,000                                 |

|            |                        | Appropriations Hist | ory         |               |            |
|------------|------------------------|---------------------|-------------|---------------|------------|
| Fiscal     | Budget Estimate        | House               | Senate      |               |            |
| Year       | to Congress            | Allowance           | Allowance   | Appropriation | <u>1</u> / |
| 2000       | 65,335,000 <u>2</u> /  | 76,204,000          | 90,000,000  | 90,000,000    |            |
| Rescission |                        |                     |             | -478,000      |            |
| 2001       | 84,714,000 <u>2</u> /  | 102,312,000         | 106,848,000 | 104,370,000   |            |
| Rescission |                        |                     |             | -20,000       |            |
| 2002       | 117,686,000 <u>2</u> / | 116,773,000         | 125,659,000 | 120,451,000   |            |
| Rescission |                        |                     |             | -23,000       |            |
| 2003       | 129,768,000            | 131,438,000         | 131,438,000 | 131,438,000   |            |
| Rescission |                        |                     |             | -854,000      |            |
| 2004       | 134,579,000            | 134,579,000         | 135,579,000 | 135,555,000   |            |
| Rescission |                        |                     |             | -831,000      |            |
| 2005       | 139,198,000            | 139,198,000         | 140,200,000 | 138,198,000   |            |
| Rescission |                        |                     |             | -1,126,000    |            |
| 2006       | 138,729,000            | 138,729,000         | 142,549,000 | 138,729,000   |            |
| Rescission |                        |                     |             | -1,387,000    |            |
| 2007       | 137,342,000            | 136,550,000         | 137,848,000 | 137,404,000   |            |
| 2008       | 137,800,000            | 139,527,000         | 140,456,000 | 139,920,000   |            |
| Rescission |                        |                     |             | -2,244,000    |            |
| 2009       | 137,609,000            |                     |             |               |            |

Appropriations History

<u>1</u>/ Reflects enacted supplementals, rescissions, and reappropriations.

2/ Excludes funds for HIV/AIDS research activities consolidated in the NIH Office of AIDS Research.

|  | FY 2007          | FY 2008                      | FY 2009             |
|--|------------------|------------------------------|---------------------|
| OFFICE/DIVISION  | Actual           | Enacted                      | Estimate            |
| Office of the Director   | 5                | 5                            | 5                   |
| Office of the Administrative Management  | 7                | 7                            | 7                   |
| Division of Intramural Research  | 9                | 9                            | 9                   |
| Office of Assoicate Director of Scientific<br>Programs   | 19               | 19                           | 19                  |
|  |                  |                              |                     |
| Total  | 40               | 40                           | 40                  |
| Includes FTEs which are reimbursed from the FTEs supported by funds from Cooperative Research and Development Agreements | NIH Roadm<br>(0) | nap for Medio                | cal Research<br>(0) |
| FISCAL YEAR  | Avera            | age GM/GS (                  | Grade               |
| 2005<br>2006<br>2007<br>2008   |                  | 12.3<br>11.9<br>12.2<br>12.2 |                     |
| 2009   |                  | 12.2                         |                     |

# Details of Full-Time Equivalent Employment (FTEs)

|  | FY 2007 | FY 2008 | FY 2009  |
|--|---------|---------|----------|
| GRADE  | Actual  | Enacted | Estimate |
| Total, ES Positions  | 0       | 0       | 0        |
| Total, ES Salary   | 0       | 0       | 0        |
| GM/GS-15   | 3       | 4       | 4        |
| GM/GS-14   | 13      | 12      | 12       |
| GM/GS-13   | 3       | 3       | 3        |
| GS-12  | 5       | 5       | 5        |
| GS-11  | 1       | 1       | 1        |
| GS-10  | 0       | 0       | 0        |
| GS-9   | 5       | 5       | 5        |
| GS-8   | 1       | 1       | 1        |
| GS-7   | 1       | 1       | 1        |
| GS-6   | 1       | 1       | 1        |
| GS-5   | 0       | 0       | 0        |
| GS-4   | 0       | 0       | 0        |
| GS-3   | 0       | 0       | 0        |
| GS-2   | 0       | 0       | 0        |
| GS-1   | 0       | 0       | 0        |
| Subtotal   | 33      | 33      | 33       |
| Grades established by Act of July 1, 1944 (42 U.S.C. 207): |         |         |          |
| Assistant Surgeon General                                  | 0       | 0       | 0        |
| Director Grade   | 1       | 1       | 1        |
| Senior Grade   | 0       | 0       | 0        |
| Full Grade   | 0       | 0       | 0        |
| Senior Assistant Grade                                     | 2       | 2       | 2        |
| Assistant Grade  | 0       | 0       | 0        |
| Subtotal   | 3       | 3       | 3        |
| Ungraded   | 20      | 20      | 20       |
| Total permanent positions                                  | 36      | 36      | 36       |
| Total positions, end of year                               | 56      | 56      | 56       |
| Total full-time equivalent (FTE)                           |         |         |          |
| employment, end of year                                    | 40      | 40      | 40       |
| Average ES salary  | 0       | 0       | 0        |
| Average GM/GS grade  | 12.2    | 12.2    | 12.2     |
| Average GM/GS salary                                       | 87,327  | 90,270  | 91,624   |

## **Detail of Positions**

Includes FTEs which are reimbursed from the NIH Roadmap for Medical Research.

# **New Positions Requested**

|                 | FY 2009 |        |                  |
|-----------------|---------|--------|------------------|
|                 | Grade   | Number | Annual<br>Salary |
|                 |         | 0      |                  |
|                 |         |        |                  |
| Total Requested |         | 0      |                  |